

At Lantern Lane Primary and Nursery School, we value PSHE to help pupils develop the knowledge, skills and attributes they need to manage their lives now and in the future. These skills and attributes help them to stay safe, healthy and prepare them for life. We aim to equip each child with the necessary skills, attitudes and attributes to succeed both now and in their future. We want our values of confidence, achievement, respect and enthusiasm to stay at the heart of PSHE, along with skills and attributes such as resilience, self-esteem, risk-management, team-working and empathy.

| LLPS PSHE Curriculum Overview - EYFS |   |   |                                |                    |   |  |
|--------------------------------------|---|---|--------------------------------|--------------------|---|--|
|                                      | Autumn  |   | Spring                         |                    | Summer                                      |  |
| EYFS F1                              | What do I like doing at school?                       | Why is it important to share?             | What makes me feel.....?       | Where do I belong? | How can I be a good friend?                 | Who can I go to if I need help?                |
| EYFS F2                              | What rules do we follow now we are in school and why? | What do I need to do to be a good friend? | What can I do to keep healthy? | What am I good at? | How do I stay safe and happy out and about? | What can I do to help me when things go wrong? |

PSHE in Early Years falls within PSED, personal, social and emotional development.

**LLPS PSHE Curriculum Overview**

|    | Autumn 1   | Autumn 2                                   | Spring 1                                     | Spring 2   | Summer 1  | Summer 2                                    |
|----|--|--|--|--|---|---|
| Y1 | How can we look after each other and the world?  | Who is special to us?                      | Who helps to keep us safe?                   | What helps us stay healthy?                          | What can we do with money?  | What is the same and different about us?    |
| Y2 | What makes a good friend?                        | What is bullying?                          | What jobs do people do?                      | What helps us to stay safe?                          | What helps us grow and stay healthy?  | How do we recognise our feelings?           |
| Y3 | How can we be a good friend?                     | What keeps us safe?                        | What are families like?                      | What makes a community?                              | Why should we eat well and look after our teeth?                                      | Why should we keep active and sleep well?   |
| Y4 | What strengths, skills and interests do we have? | How do we treat each other with respect?   | How can we manage our feelings?              | What jobs would we like?                             | How can our choices make a difference to others and the environment?                  | How can we manage risk in different places? |
| Y5 | What makes up a person's identity?               | What decisions can people make with money? | How can we help in an accident or emergency? | How can drugs common to everyday life affect health? | How will we grow and change?  | How can friends communicate safely?         |
| Y6 | How can we keep healthy as we grow?              |  | How can the media influence people?          |  | What will change as we become more independent? How do friendships change as we grow? |   |

-  Relationships
-  Health and Wellbeing
-  Living in the wider world