

At Lantern Lane, we value P.E. The purpose of the subject is to teach the knowledge and skills in P.E. that help children understand the importance of an active lifestyle in ensuring healthy bodies & healthy minds. We provide opportunities for pupils to compete fairly in activities and build on the values of sport (respect, fairness, teamwork, resilience and honesty), whilst through continual skill development teach the value of hard work. P.E. encourages all children to be proud, celebrating their progress and achievements. Team sports teach the need for children to take responsibility of their actions both individually and collectively.

LLPS PE Curriculum Overview

	Autumn				Spring				Summer			
	Autumn 1 Indoor	Autumn 1 Outdoor	Autumn 2 Indoor	Autumn 2 Outdoor	Spring 1 Indoor	Spring 1 Outdoor	Spring 2 Indoor	Spring 2 Outdoor	Summer 1 Indoor	Summer 1 Outdoor	Summer 2 Indoor	Summer 2 Outdoor
EYFS	Parachute Games and Movement		Dance		Gymnastics		Yoga		Ball Games		Athletics	
	Gymnastics		Gymnastics		Yoga		Ball Skills		Athletics		Sports Day Practice	
Y1	Athletics	Multi-Skills	(Performance Practice)	Basketball	Dance	Rounders	Gymnastics	Fitness & Healthy Eating	Gymnastics (Cont.) - Apparatus	KS1 - Sports Day Practice	Goal-Ball	French Cricket
Y2	Athletics	Tag Rugby	(Performance Practice)	Football	Dance	Netball	Swimming	Tennis	Swimming	KS1 - Sports Day Practice	Zumba	Sitting Volleyball
Y3	Gymnastics	Hockey	Athletics	Rounders	Dodgeball	Netball	(Performance Practice)	Fitness & Healthy Eating	New-Age Kurling	KS2 - Sports Day Practice	Dance	Cricket
Y4	Swimming	Athletics	Swimming	Tag Rugby	Drumba	Handball	Tri-Golf	Tennis	Boccia/Kabadi	Basketball	Gymnastics	Orienteering
Y5	Gymnastics	Athletics	Multi-Skills & Swimming	Hockey	Multi-Skills & Swimming	Volleyball	Ice Skating	Netball	(Performance Practice)	Badminton	Dance	Cricket
Y6	Fitness & Healthy Eating	Athletics	(Performance Practice) Swimming	Basketball	Multi-Skills & Swimming	Handball	Dodgeball	Tag Rugby	Gymnastics	Badminton	Archery	Orienteering