

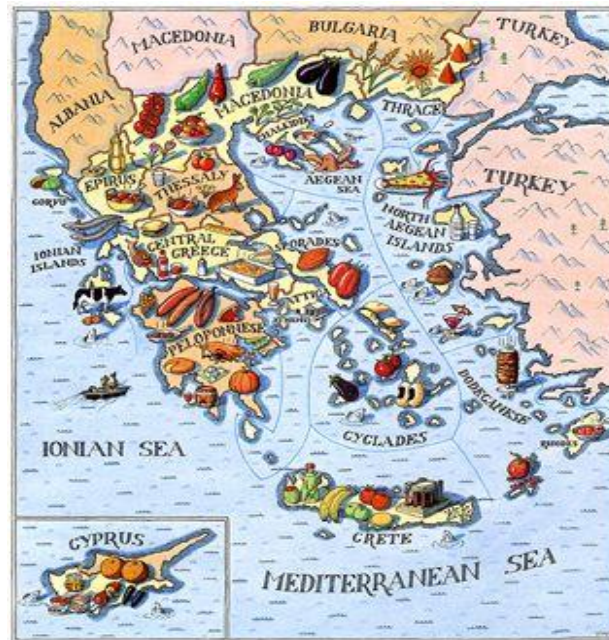
# What would I eat if I lived in Greece?

The geography knowledge leading to our DT project

Map of Greece



Food Map of Greece



## Food Produced in Greece

- Vegetables - aubergines, potatoes, red onions
- Olives → Olive oil
- Herbs - oregano, thyme
- Greek yoghurt
- Feta (made of sheep and goat's milk)
- Fruit - tomatoes, oranges, grapes, melons
- Seafood - calamari, octopus
- Meat - lamb, goat

Greeks live long lives due to their varied diet!



## Traditional Dishes in Greece

Moussaka - layered thinly sliced potato, aubergine and lamb, topped with a creamy béchamel sauce

Hummus - a dip made from cooked, mashed chickpeas blended with tahini, lemon juice, and garlic

Greek salad - made with pieces of tomatoes, cucumbers, onion, feta cheese & olives and dressed with salt, pepper, Greek oregano and olive oil

Honey cake - a very moist cake, often found at Greek food festivals

Baklava - syrup-soaked baklava is gently spiced with cinnamon and cardamom, and has a blend of pecans, pistachios and walnuts or dried fruits

## Physical Geography

- Greece is one of the most **mountainous** countries in Europe - 60% of the land is covered by mountains.
- Greece has the longest overall **coastline** in Europe - 8498 miles.
- **Most southern country in Europe!** The largest Greek island of Crete is closer to the equator than any other European place.
- The Greek landscape is covered by **maquis**, a tangle of thorny shrubs that don't need a lot of water. These plants include fragrant herbs such as thyme, rosemary, oregano and bay.
- Today, **forests** can be found mainly in the Pindus and Rhodope mountain ranges.

## Mediterranean Climate

Extended periods of **sunshine** throughout most of the year.

Winter - Mild and rainy

Summer - Warm and dry

MAY	JUN	JUL	AUG	SEP
20.6	25.1	27.9	27.8	24.2

## Vocabulary

Key Word	Definition
Compass	A device to orient a person - see image top right
Atlas	A book of maps
Contour Lines	Lines which show how steep and high the land is of an area
Relief	The part of the map that shows the physical make up of a place
Mediterranean	Countries bordering the Mediterranean Sea
Climate	The weather conditions in an area in general or over a long period
Traditional	Something that is in keeping with the long-standing customs of a place