Myschoo Mahu

week 1

Week commencing

21 April, 12 May, 2 June, 23 June, 14 July, 1 Sept, 22 Sept, 13 October Spring/Summer 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Quorn dippers Gluten with baked beans, jacket wedges & sweetcorn	Cheesy tomato pasta Mustard Soya Gluten Milk with garlic bread Gluten Soya Milk & sweetcorn	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with potato balls, baked beans & peas	Roast gammon OR Quorn Milk Egg with Yorkshire pudding Milk Egg Gluten, mashed potatoes, broccoli, carrots & gravy	Breaded fish Fish Gluten OR Fishless finger Gluten with oven chips, sweetcorn & peas
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Honey & oat cookie Gluten	Chocolate muffin Egg Gluten	Vanilla sponge Gluten Egg with custard Milk	Ice cream tub Milk	Chocolate brownie Gluten





	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & tomato panini Milk Gluten with potato balls, carrot & cucumber sticks	BBQ Chicken taco Gluten OR BBQ Quorn taco Gluten Egg with jewelled rice, pepper & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide OR Plant based sausage Soya Sulphur Dioxide with peas & gravy	Roasted gammon OR Quorn Milk Egg with mashed potato, broccoli, carrots & gravy	Fish fingers Fish Gluten OR Fishless fingers Gluten with oven chips, baked beans & peas
			Nottinghamshire sausage from local butchers Maloney's		
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Gingerbread cookies Gluten	Golden syrup flapjack Gluten	Butterscotch shortcake Milk Gluten	Shortbread Gluten	Chocolate muffin Egg Gluten



My School Menu Spring/Summer 2025

week 3

Week commencing

5 May, 26 May,16 June, 7 July,28 July, 15 Sept,6 October

Fridays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheesy BBQ pizza Soya Gluten Milk with potato balls, pepper & cucumber sticks	Beef Bolognese Mustard Soya Gluten OR Quorn Bolognese Mustard Soya Gluten Egg with garlic bread, Gluten Milk Soya & sweetcorn	Fish fingers Fish Gluten OR Fishless fingers Gluten with jacket wedges, baked beans & peas	Roast pork OR Quorn Milk Egg with mashed potatoes, broccoli, carrots & gravy	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with tomato ketchup, peas & oven chips
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Golden syrup flapjack Gluten	Chocolate sponge Gluten Egg with custard Milk	Iced sprinkle cookie Gluten	Ice cream tub Milk	Donuts Soya Milk Gluten Egg Sesame

