



Policy Title: Sun Safe Policy

Policy Folder: Pastoral

Last Review: June 2021

Next Review: June 2024

Lead by: SBM

Responsible Committee: Finance, Pupils & Resources

Our school is a place where everyone is treated equally, encouraged and respected. We believe that all children should be able to achieve their full potential academically, socially and emotionally. We are committed to our school being a safe and inclusive place where learning is nurtured and encouraged in a happy, caring environment. In reviewing and developing new, or updating existing, policies due regard to matters of equality are considered at the outset.

Our CARE values (confidence, achievement, respect, enthusiasm) and intent statement underpin everything that we do as a school. We all aim for our school to be a happy place where children keep themselves and everyone else safe while developing and nurturing a healthy body and mind.

This policy has been developed with the help of staff, pupils and parents and after referring to guidance from the NHS and Cancer Research UK.

AIMS

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

There is enormous potential for schools to help prevent skin cancer in future generations. Schools are central to protecting children's skin. At Lantern Lane Primary & Nursery School, we want staff and pupils to enjoy the sun safely. Our school aims to adopt sun safe habits across the school. Staff, pupils, governors and parents will work together to achieve this.

SUN PROTECTION STRATEGIES

Clothing:

- We will encourage students and staff to wear protective clothing during the Summer term.
- School uniform is made of close weave fabric and includes shirts with collars and sleeves, longer style dresses and shorts. Sports clothes do not include vest style tops.
- Children will be reminded to wear hats that protect their face, neck and ears such as legionnaire hats, when they are outside.
- Staff will be encouraged to wear hats when on playground duty and during PE lessons.
- Children will be allowed to wear sunglasses to protect their eyes if these have been provided by their families.

Sunscreen:

- Pupils will be encouraged to apply sunscreen before school starts - a sun protection factor (SPF) of at least 30 to protect against UVB, at least 4-star UVA protection.
- Children will be allowed to bring in sun cream for application at lunchtime if provided by their families.
- Sunscreen use will be encouraged on school trips and parents will be requested to ensure that children are suitably protected and dressed.

Shade & Keeping Cool:

- Staff will encourage children to drink water regularly. All pupils and staff have access to water machines and pupils can fill up their water bottles throughout the day as needed.
- Staff will close classroom blinds and increase ventilation by opening windows to provide a through breeze during warmer periods.
- Children will be encouraged to make use of available shaded areas when outside.
- Permanent and temporary shelters/shady structures will be provided in the school grounds and benches will be placed in shady areas where possible.
- In consultation with Notts County Council and Rushcliffe Borough Council, shade provision will be considered in plans for future buildings and grounds.
- The availability of shade will be considered when planning excursions and all outdoor activities.

Education & Role-Modelling:

- Staff will be encouraged to act as role models by:
 - Wearing protective hat, clothing and sunglasses when outside.
 - Applying a broad spectrum, water resistant, sunscreen.
 - Seeking shade whenever possible.
- Families and visitors will be encouraged to use a combination of these sun protection measures when attending and participating in outdoor activities.
- Where possible, outdoor activities, such as sports days, will be scheduled before 11am or after 3pm.
- PE lessons will be carefully planned, limiting the period of sun exposure and giving children time to rest and drink water.
- All pupils will have at least one sun safety assembly at the beginning of the Summer term.
- Parents will be encouraged to support the school by acting as role models and providing protection for their children.

REVIEWING THE POLICY

- Health education guidelines will be reviewed periodically.
- The Sun Safe Policy will be reviewed every three years, or earlier, if required.
- The next review date for this policy will be June 2024.